

Men's UK 4  
Women's UK 4.5  
Foot length - up to 231mm / 9 1/8 inches



1. Print this page at ACTUAL SIZE (100% scale).

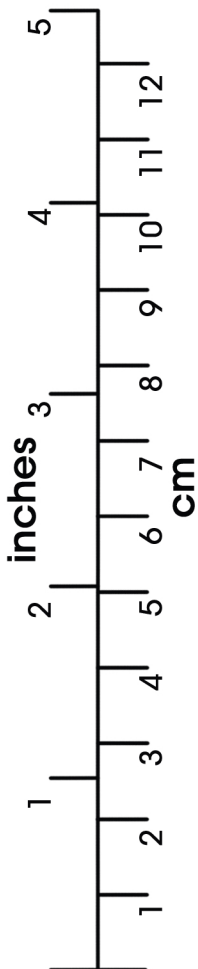
Compare the scale marker on this page with a ruler.

If the scale isn't correct, your Xero Shoes will not fit correctly, so adjust accordingly.

2. Position your bare foot on this page, so you can see the entire toe post circle somewhere between your 1st (big) and 2nd toes,

If your foot extends past the border, try a larger size.

If there is more than 6mm (1/4") between the back of your heel and the heel line, try a smaller size.



Remember, you can trim the toe area of your Genesis to match your foot shape.

**Questions? Need help?**  
Visit: [www.XeroShoes.co.uk/contact](http://www.XeroShoes.co.uk/contact)  
or email us at [support@xeroshoes.co.uk](mailto:support@xeroshoes.co.uk)

For more information about measuring and sizing, visit:  
[www.XeroShoes.co.uk/fit](http://www.XeroShoes.co.uk/fit)