

Z-Trek

Z-Trail - Naboso

**XERO**SHOES<sup>®</sup>  
Live Life Feet First!

Z-Trek / Z-Trail / Naboso

**Men's UK 11**

Foot length - up to  
290 mm / 11 1/2 inches

**NOTE:** The Z-Trek (outside line) is a BIT longer than the Z-Trail/Naboso (inside line)

Remember, you can trim the toe area of your Z-Trek to match your foot shape.

1. Print this page at ACTUAL SIZE (100% scale).

Compare the scale marker on this page with a ruler.

If the scale isn't correct, your Xero Shoes will not fit correctly, so adjust accordingly.

2. Position your bare foot on this page inside the outline.

If your foot extends past the border, try a larger size.

If there is more than 6mm (1/4") of space past your heel and the front of your toes, try a smaller size.

If this is much too wide, try a "women's" size.

For more information about measuring and sizing, visit: [www.XeroShoes.co.uk/fit](http://www.XeroShoes.co.uk/fit)

**Questions? Need help?**

[www.XeroShoes.co.uk/contact](http://www.XeroShoes.co.uk/contact)

